#### MONDAY

Chelsea Asian Women's Group 10.30-14.00 Spanish Class 11.00-13.00

OA 13.00-14.00

Go Ballroom Dancing 15.00-16.30

Math for Children 15.30-17.00

# TUESDAY

Depression Alliance 10.00-12.30

IT Course 12.30-15.00

NA 13.00-14.00

Math for Children 16.00-18.00

Kids' Boxcercise 17.00-18.00

Men's Boxcercise 18.00-19.00

Kathak Dance Class 18.00-20.00

Sing to Live Workshop 19.00-21.00

# WEDNESDAY

DA 10.00-11.00

Weight Management Programme 10.00-12.00

Haute Couture Needlework 10.30-18.00

Italian Language Class 11.00-13.00

Massage 12.00-16.00

Depression Alliance 14.00-16.00

Classic Film Screenings 14.00-17.30

Math for Children 16.00-19.00

AA 17.00-18.30

Ashtanga Yoga 19.00-20.00

NA 19.30-21.00

Please note that times and dates of all activities are subject to change. There are also one off projects and activities throughout the year. Chelsea Theatre is available to hire for events and children's parties. If you would like to find out more information please call us on **0207 352 1967**.

#### THURSDAY

Westway Trust ESOL Class 9.30-15.00

Carers' Coffee Morning 10.00-13.00

Depression Alliance 13.00-16.00

Zumba 14.00-15.00

Math for Children 16.00-18.00

NA 18.15-19.30

AA 18.30-19.30

# **FRIDAY**

Latin Dance Classes 17.30-18.30

Sing to Live Workshop 10.00-12.00

NA 13.00-14.00

Math for Children 16.00-18.00

African Dance Class 16.30-17.30

AA 18.30-20.00

SLAA 19.00-20.00

Men's Boxcercise 19.30-20.30

### SATURDAY

La Sylvainne Ballet School 9.00-14.25

Councillors Surgery 10.00-13.00

(First Saturday of Every Month)

Kids' Art & Crafts 10.00-16.00

Kids'Drama Workshops 10.00-16.00

Nursery Ballet (ages 21/2-4) 14.45-15.30

Street Dance (ages 6+) 14.45-15.30

Kids Health & Wellbeing 15.00-17.00pm

Grade II Ballet (ages 7-10) 15.35-16.20

Primary Tap (ages 4-6) 15.35-16.20

Primary Ballet (ages 5 - 7) 16.25 - 17.05

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Grade | Tap (ages 7-10) 16.25-17.05

Art Classes 16.00-17.00

### SUNDAY

Second Sundays LGBT Group 11.00-16.30

Ashtanga Yoga 11.15-12.30

**ALANON** 11.15-12.45

English Classes 13.00-17.00